

Europass Curriculum Vitae

Personal information



Name and surname **Laura Scappaticci**
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Citizenship Italian
Date of birth 9 November 1984
Gender F

Occupational field **Dietetics and Human Nutrition**

Work experience

Dates	Since January 2011
Occupation or position held	Nutritionist-Dietician.
Main activities and responsibilities	<p>Dietitian in a multidisciplinary team treating obesity and metabolic diseases.</p> <ul style="list-style-type: none">• Dietary advice for overweight/obese adolescent and adult patients• Dietary advice for hospitalized patients• Devising dietary plans for patients with obesity and associated pathologies• Providing post-op dietary assistance to patients who have undergone bariatric surgery• Working within a multidisciplinary team
Name and address of the employer	Rome Obesity Center at Rome American Hospital (Rome) and Salus Srl (Frosinone)
Type of business or sector	Dietetics and nutrition clinic
Dates	Since January 2007
Occupation or position held	Nutritionist-Dietician
Main activities and responsibilities	<ul style="list-style-type: none">• Assessing eating habits and body composition.• Devising eating education plans for healthy individuals in any physiological conditions (adolescents, pregnant or breastfeeding women, elderly persons).• Devising customized eating plans for individuals suffering from several pathologies (including obesity, hypertension, allergies, food intolerance, etc.).• Working individually and in cooperation with doctors and psychologists.
Name and address of the employer	Freelance dietitian at several clinics in Rome

Type of business or sector	Dietetics and nutrition under medical supervision
Dates	January 2010 to July 2012
Occupation or position held	Dietician, auditor, HACCP trainer
Main activities and responsibilities	<ul style="list-style-type: none"> • Internal quality and HACCP auditor; internal trainer on hygiene, HACCP, and safety in the workplace. • Monitoring and assessing hygiene practices of food sector workers; • Monitoring and assessing the quality and nutritional values of the meals provided by company canteens and hospital canteens.
Name and address of the employer	Serist S.R.L. Servizi Ristorazione (Catering Services)
Type of business or sector	Collective and commercial catering
Dates	January 2008 to January 2009
Occupation or position held	Dietician
Main activities and responsibilities	Devising ad hoc menus and dietary plans for geriatric patients.
Name and address of the employer	RSA (nursing home) "Villa delle Grazie" in Pontecorvo (FR)
Type of business or sector	Geriatric nursing home
Dates	February 2007 to June 2008
Occupation or position held	Auditor, sampling technician
Main activities and responsibilities	<p>External quality and HACCP auditor, and sampling technician monitoring the canteens of kindergartens, elementary and middle schools in the Municipality of Rome.</p> <p>Monitoring and assessing: proper implementation of hygienic procedures; working standards of the canteen staff; correct preparation of special menus for people suffering from specific pathologies; proper implementation of the terms of contract.</p>
Name and address of the employer	ICQ (Istituto Controllo Qualità – Quality Control Institute), Via Caio Canuleio , 72 - Rome
Type of business or sector	Food hygiene

Education and training

Dates	4 March 2022
Title of qualification awarded	II level Master in Biology of Nutrition for Human Reproduction
Thesis title	"Gestione dell'eccesso ponderale nella donna obesa infertile" (Managing Overweight in Infertile Obese Women)
Tutor	Dr. (M.D.) Maria Giulia Minasi
Name and type of organization providing education and training	University of Rome "La Sapienza", Rome
Final grades	110/110 with honors
Level in national or international classification	Level 8
Dates	24 January to 31 October 2020
Title of qualification awarded	Master's Degree – Title: "Microbiota: physio-pathological, clinical, and therapeutic aspects"
Main topics covered	Definition of microbiota; factors capable of affecting its composition: diet, exercise, and lifestyle in general; pathophysiology of the microbiota; state of dysbiosis and eubiosis; correlations between the microbiota and the onset and persistence of numerous clinical conditions,
Name and type of organization providing education and training	Eve Lab – Formazione (training) Scientific referents: Prof. Lorenzo Emmi Prof. Francesco Martelli
Date	May 2019 - November 2019
Name and type of organization providing education and training	Master's Degree – Title: "Professionista della Nutrizione" (Nutrition Professional – Master's Degree course on Nutritional Coaching)
Main topics covered	The course provided training about communicating effectively in order to encourage patients to change their eating habits.
Name and type of organization providing education and training	BEWELL SRL
Date	26 October 2012
Title of qualification awarded	Master's Degree in Science of Human Nutrition
Thesis title	"Obesità e motivazione: il ruolo del sistema dopaminergico del rinforzo" (Obesity and Motivation: the Role of the Dopaminergic System of Reinforcement).
Tutor	Prof. Nicola Mercuri
Final grades	107/110
Name and type of organization providing education and training	"Tor Vergata" University, Rome
level in national or international classification	Level 7
Date	30 November 2006
Title of qualification awarded	Bachelor's Degree in Dietetics

Thesis title "La celiachia e la ristorazione collettiva, commerciale e di comunità"
(The Celiac Disease and Collective, Commercial, and Community Catering)

Tutor Prof. Carlo Cannella

Final grades 110 with honors

Name and type of organization providing education and training University of Rome "La Sapienza"

level in national or international classification Level 6

Dates September 1998 to July 2003

Title of qualification awarded Classical high school diploma – PNI (National IT Plan)

Name and type of organization providing education and training Classical High School "G. Carducci" in Cassino (FR)

level in national or international classification Level 5

Language skills

Mother tongue **Italian**

Other languages **English, Spanish**

Self evaluation
European level ()*

English

Spanish

Understanding		Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production	
	B1		B2		B1		B2
	B2		B2		B2		B1

(*) *Common European framework of reference for languages*

Computer skills

Professional use of Microsoft Office

Professional use of the "MetaDieta" dietary software

Publications and scientific works

1. Laura Pierro, Ilenia Coluzzi, Alberto di Biasio, Emanuela Paone, Laura Scappaticci, Danila Capoccia, Francesco De Angelis, Angelo Iossa, Cristian Eugeniu Boru, Carlo Lai, and Gianfranco Silecchia, "Telematics pre-operative psychological and nutritional assessment in candidates for bariatric surgery during COVID-19 phase 2: a pilot prospective observational study" – Journal: *Minerva Chirurgica*.
2. E. Paone, L. Scappaticci, P. Mariani, "Importanza della valutazione del comportamento Sweet Eating in fase preoperatoria quale indicatore di regain del peso negli interventi di chirurgia bariatrica" [The Importance of Evaluating the Sweet Eating Behavior in the Preoperative Phase as an Indicator of Weight Regain in Bariatric Surgery] – Oral communication at the XXII National Congress SICOb, Naples, 15-17 May 2014.
3. L. Scappaticci, "Il ruolo del dietista nell'ambito della chirurgia bariatrica" [The Role of the Dietician in Bariatric Surgery] - Chapter 1, pages 24-30 of the e-book by G. Silecchia, V. Bacci, R. Baisi, "Dietologia e chirurgia bariatrica" [Dietology and Bariatric Surgery] Società Editrice Universo, Rome (April 2014).
4. L. Scappaticci, "La prescrizione dietetica pre-operatoria" [The Pre-Operative Dietary Prescription] - Chapter 6, pages 139-177 of the e-book by G. Silecchia, V. Bacci, R. Baisi, "Dietologia e chirurgia bariatrica" [Dietology and Bariatric Surgery] Società Editrice Universo, Rome (April 2014).
5. E. Paone, C. Savina, V. Bacci, L. Scappaticci, P. Mariani: "The Sweet Eating Assessment Questionnaire: a Tool to Detect Sweet Eating of Candidates to Weight Loss Surgery" – Poster presented at the 20th United European Gastroenterology (UEG-week) - Amsterdam (ND) October 2012

Participation in scientific congresses

1. "Il management dell'obesità" [The Management of obesity] SICOB (Italian Society of Bariatric Surgery) 29-30 April, 2022
2. SIO (Italian Obesity Society) National Congress, 27-29 October 2021 in San Vincenzo (LI)
3. SICOB (Italian Society of Bariatric Surgery) National Congress, 6-8 October 2021 in Florence
4. SIO (Italian Obesity Society) National Congress, 15-16 November 2019 in Naples
5. SICOB (Italian Society of Bariatric Surgery) XXVII National Congress, 26-28 May in 2019 Bologna
6. (National Dietitians Association) ANDID National Congress, 17-18 May 2019 in Florence
7. Event "Nutrimi" [Feed me], 11-12 April 2019 in Milan
8. Body Composition Conference, 30-31 March 2019 in Rome
9. XXVI SICOB National Congress 14 -18 October 2018 in Rome
10. Body Composition Conference held 7 and 8 April 2018 in Rome
11. Ketolearning : "Advanced course on the applications of the ketogenic diet in the medical field", 27-28 October 2017 in Milan
12. Congress held by the NPO "ANEMGI" – Association for Neuro Gastroenterology and Gastrointestinal Motility – Approach to the Patient with CHRONIC GASTROINTESTINAL DISORDERS. President: Professor Enrico S. Corazziari, 21-23 September 2017 in Rome
13. XXV SICOB National Congress, 6-8 April 2017 in Venice
14. XXIV SICOB National Congress, 25-29 September 2016 in Rome
15. SICOB Summit, 9-10 May 2016 in Catania
16. XXIII SICOB National Congress, 22-24 April 2015 in Baveno
17. XXII National Congress SICOB, 15-17 May 2014 in Naples
18. SIO and SICOB Joint Congress, 7-8 March 2014 in Padua

Activities inherent to the profession

Since January 2013
Member, SICOB (Italian Society of Obesity and Metabolic Diseases Surgery)

Since January 2013
Member, ADI (Italian Association of Dietetics and Clinical Nutrition)

Since November 2016
Member, Scientific Committee organizing the short film competition "FILMDIPESO" on eating disorders and obesity – Department of Medical-Surgical Sciences and Biotechnology, Bariatric Center of Excellence, University of Rome "La Sapienza".

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Rome, 1 August 2022

Signature

