

**MASSIMO MENCARINI**

## PERSONAL INFORMATIONS

massimo.mencarini@unicamillus.org

## WORKING POSITION

From 1<sup>st</sup> July 1996 to today I have been in service indefinitely.  
"Luigi Spolverini" Hospital, Via delle Cerquette, 2, Ariccia (RM).  
A.S.L. RM / 6

Physiotherapist

From 1<sup>st</sup> September 2019 to today I am the Didactic Director of the Degree Course in Physiotherapy at "Sapienza" University of Rome, Ariccia, ASL RM / 6.

## QUALIFICATIONS

In the 2009/10 academic year I obtained the Master in Coordination of Healthcare Professions with a score of 107/110.

Telematic University Unitelma Sapienza

Management, organization of services, coordination, etc.

master's degree

Level I

In the 2005/06 academic year, I obtained the Specialized Degree in the Health Professions of Rehabilitation with 110/110 cum laude.

University of Rome "La Sapienza"

Management, organization of services, coordination, etc.

Master's Degree

Level II

In the 2001/02 academic year I was awarded the degree for the Health Professions in Physiotherapy with 110/110 cum laude.

University of Rome "La Sapienza"

Orthopedic, neurological, respiratory, cardiological, urogenital and colon proctological rehabilitation.

Degree

Level I

In the academic year 1991/92 I obtained the Degree of the Course for Rehabilitation Therapists with a mark of 70/70 and honors.

University of Rome "La Sapienza"

Orthopedic, neurological, respiratory, cardiological, urogenital and colon proctological rehabilitation.

Degree Diploma

PROFESSIONAL EXPERIENCE

A.S.L. RM / 6

Physiotherapist

From 1<sup>st</sup> July 2007 to 31<sup>st</sup> August 2019 I was Coordinator of the Physiotherapy Department and the adjoining Rehabilitation Day Hospital, part of the Company Rehabilitation Medicine of A.S.L. RM / 6

From 24<sup>th</sup> January 1995 to 21<sup>st</sup> June 1996 I carried out a coordinated and continuous collaboration.

S. Lucia Hospital, Via Ardeatina, 379, Rome.

I.R.C.C.S

Physiotherapist

Collaborator

From 8<sup>th</sup> August to 7<sup>th</sup> November 1994 I made a temporary replacement.

U.S.L. Company, Via Armando Fabi, Frosinone.

ASL FR / 4

Collaborator

From 15<sup>th</sup> July 1992 to 15<sup>th</sup> June 1993 I volunteered.

Department of Neurorehabilitation of the Institute of Clinical Nervous and Mental Diseases of the University "La Sapienza", Viale dell'Università, 30, Rome.

"Sapienza", University of Rome

Physiotherapist

Volunteer

PERSONAL SKILLS

Native language

Italian

Other languages

	UNDERSTANDING		SPOKEN		WRITTEN PRODUCTION
	Listening	Reading	Interaction	Oral production	
English	B2	B2	B2	B2	B2

## Communication skills

In the A.Y. 1999/2000 I was a teacher in a Training Course for Volunteers held by the Volunteer Organization "Namastè" at the headquarters of the Organization itself, in the subjects "Intervention techniques for the different types of discomfort" and "Person autonomy and aids technological "which are part of the integrated course" Operational skills for volunteers ".

In the A. Y. 2004/05 I was a teacher of the Course for Social Healthcare Operator in the subject "Recovery and Functional Re-education in the Elderly" organized at the A.S.L. Rome H.

## Organizational and management skills

From 1<sup>st</sup> September 2019 I am the Didactic Director of the Degree Course in Physiotherapy at "Sapienza" University of Rome, Ariccia, ASL RM / 6.

From 1<sup>st</sup> July 2007 to 31<sup>st</sup> August 2019 I was Coordinator of the Department of Physiotherapy and the attached Rehabilitation Day Hospital of the "Villa Albani" Hospital in Anzio (RM), part of the Corporate Rehabilitation Medicine ASL RM / 6.

From the A.Y. 2004/05 I am Coordinator of both the subjects pertaining to the Internal Medicine area, and of the integrated course "Rehabilitation in the Cardiology area" (3<sup>rd</sup> year 1<sup>st</sup> semester) of the Degree Course in Physiotherapy at La Sapienza University of Rome with headquarters in Ariccia (RM).

From the A.Y. 1997/98 I am a Professor at the University of Rome "La Sapienza" University Diploma of Physiotherapist A.S.L. Roma H based in Ariccia (RM) in the subject "Rehabilitation Techniques" which is part of the integrated course "General methodologies and neuromotor rehabilitation techniques" (2<sup>nd</sup> year, 2<sup>nd</sup> semester).

From the A.Y. 1997/98 to the A.Y. 2018/19 I was also Head of Internship for 2<sup>nd</sup> and 3<sup>rd</sup> year students of the same University Diploma at the "Villa Albani" Hospital in Anzio (RM), part of the same A.S.L., as a Didactic Physiotherapist.

From the A.Y. 1998/99 I am a Professor at the University of Rome "La Sapienza" University Diploma of Physiotherapist A.S.L. Roma H based in Ariccia (RM) also in the subject "Rehabilitation Techniques" as part of the integrated course "Rehabilitation of special disabilities and visceral disabilities" (3<sup>rd</sup> year, 2<sup>nd</sup> semester).

In the A.Y. 1998/99 I held a Theoretical-Practical Seminar of 20 hours at the same University in Neuromotor Rehabilitation Methods with the students of the 3<sup>rd</sup> year of the course.

From the A.Y. 1998/99 I was Supervisor at the University of Rome "La Sapienza" of numerous University Diploma Theses in Physiotherapist A.S.L. Roma H based in Ariccia (RM).

From the A.Y. 2001/02 I am a Professor of the courses of "Nursing sciences and rehabilitation techniques" relating to the integrated course "Rehabilitation in the Cardiology area" (3<sup>rd</sup> year 1<sup>st</sup> semester), and of "Nursing sciences and rehabilitation techniques" relating to the integrated course " Post-surgical rehabilitation "(3<sup>rd</sup> year 2<sup>nd</sup> semester) of the Degree Course in Physiotherapy at the University of Rome" La Sapienza "A.S.L. Roma H based in Ariccia (RM).

From the A.Y. 2001/02 I was Supervisor at the University of Rome "La Sapienza" of numerous 1<sup>st</sup> Level Degree Theses in Physiotherapy A.S.L. Roma H based in Ariccia (RM).

From the A.Y. 2002/03 I am a Professor only in the "Cardio-respiratory rehabilitation MED / 48" course relating to the integrated course "Rehabilitation in the cardiological and respiratory area" (3<sup>rd</sup> year 1<sup>st</sup> semester) of the Degree Course in Physiotherapy at the University of Studies of Rome "La Sapienza" A.S.L. Roma H based in Ariccia (RM).

From the A.Y. 2002/03 to the A.Y. 2015/16 I was a teacher of the optional course "Pelvic floor rehabilitation" with the students of the 3<sup>rd</sup> year of the Degree Course in Physiotherapy at the University of Rome "La Sapienza" A.S.L. Roma H based in Ariccia (RM).

In the A.Y. 2005/06 I held, in collaboration with specialist doctors in the sector (gastroenterologist, urologist and gynecologist), an optional course entitled "Rehabilitation of the pelvic floor" with the students of the 3<sup>rd</sup> year of the Degree Course in Physiotherapy at the University of the Rome Studies "La Sapienza" A.S.L. Roma H based in Ariccia (RM).

In 2006 I was a Professor of an E.C.M. theoretical-practical for Physiotherapists entitled "Cardiological and respiratory rehabilitation course: from functional evaluation to rehabilitative treatment" organized by the International Fatebenefratelli Foundation at the "San Giovanni di Dio" Institute in Genzano di Roma (RM) for a total of 50 hours also being part of the Scientific Secretariat. For this activity I have achieved n. 42 (forty-two) E.C.M.

In the A.Y. 2007/08 I held an optional course entitled "The Functional Bandage" with the students of the 3<sup>rd</sup> year of the Degree Course in Physiotherapy at the University of Rome "La Sapienza" A.S.L. Roma H based in Ariccia (RM).

From the A.Y. 2008/09 to the A.Y. 2010/11 I was an internship tutor for the 1<sup>st</sup> level Master of "Coordination for the Health Professions of Rehabilitation" at the "Sapienza" University of Rome.

From the A.Y. 2008/09 to the A.Y. 2010/11 I was professor of the subject "Organization of hospital health services" of the 1<sup>st</sup> level Master of "Coordination for the Health Professions of Rehabilitation" at the "Sapienza" University of Rome.

From the A.Y. 2012/13 I carry out, in collaboration with specialist doctors in the sector (gastroenterologist, urologist, gynecologist and physiatrist), an Elective Didactic Activity (1 CFU) entitled "Rehabilitation of the pelvic floor" with the students of the 3<sup>rd</sup> year of the Degree in Physiotherapy at the Sapienza University of Rome, Polyclinic headquarters.

In 2014 I participated in the II Congress on the Progressive Modular Rebalancing System of G. Monari as Speaker presenting a work entitled "Effectiveness of rehabilitation intervention in cardio-respiratory diseases: study with control group" held at the Sapienza University of Rome.

From 2015 to date I have been appointed "Sector Expert" in the Cardio-respiratory Rehabilitation of the RMP Association (Kabat concept) of G. Monari.

From the A.Y. 2014/15 to the A.Y. 2020/21 I was a Professor in the Level I Master "Progressive Modular Rebalancing System by G. Monari with

neurokinetic facilities - Kabat concept" Advanced Level at the Cattolica University del Sacro Cuore of Rome.

From the A.Y. 2015/16 to date I am a Professor in the Level I Master in Neurorehabilitation at the Sapienza University of Rome.

From the A.Y. 2016/17 I am also a Professor of the course "Rehabilitation of the pelvic floor MED / 48" relating to the integrated course "Rehabilitation in the Specialist area" (3<sup>rd</sup> year 2<sup>nd</sup> semester) of the Degree Course in Physiotherapy at Sapienza University of Rome, seat of Ariccia (RM) ASL Roma 6.

From the A.Y. 2019/20 to date I am the Didactic Director of the Degree Course in Physiotherapy at Sapienza University of Rome, Ariccia (RM) ASL Rome 6.

In the A.Y. 2019/20 I was a Professor in the Level I Master "Progressive Modular Rebalancing System by G. Monari with neurokinetic facilities - Kabat concept" Advanced Level at the "Magna Graecia" University of Catanzaro.

In the A.Y. 2021/2022 Didactic-Scientific Coordinator and Professor in the Level I Master in "Rehabilitation of adulthood and developmental age with the RMP Progressive Modular Rebalancing System and with the EMP Progressive Modular Education approach (Kabat Concept)" at Sapienza University of Rome.

In the year 2022 (January-April) I was a Professor of an E.C.M. theoretical-practical for Physiotherapists entitled "Rehabilitation of the Pelvic Floor with the RMP Progressive Modular Rebalancing System (Kabat Concept)" for a total of 42 hours, also as part of the Scientific Secretariat.

In the year 2022 (September) I was a Professor of an E.C.M. theoretical-practical for Physiotherapists entitled "Respiratory and Pelvic Floor Rehabilitation with the RMP System (Kabat Concept)" held in Caserta for a total of 14 hours.

Digital skills

SELF EVALUATION				
Information processing	Communication	Content Creation	Security	Problem solving
Base user	Base user	Base user	Base user	Base user

Other skills

In November / December 1990 in Respiratory Physiokinesitherapy held at the Pro Juventute Don Gnocchi Foundation in Rome.

In November 1992 in "Taping" held by the TdR Piero Sponza at the Pro Juventute Don Gnocchi Foundation in Rome.

In the A.Y. 1992/93 in the "Cognitive Therapeutic Exercise" held by Prof. Carlo Cesare Perfetti and the TdR Stefania Briganti and Walter Nocchioli at the 2nd Neurological Clinic of the "La Sapienza" University of Rome, with final vote 24/30.

In the A.Y. 1992/93 in the "Proprioceptive Neuromuscular Facilitation Technique" (Kabat method) held by the TdR Giuseppe Monari for a total of

150 hours at the A.I.R.R.I. of Rome, with final vote 30/30.

In the A.Y. 1996/97 in the "Global Static Reharmonization" (Methode des Trois Equerres - Mézières approach) held by the TdR Nicole Verkimpe Morelli for a total of 120 hours, obtaining both the Italian and the French school diploma.

In the A.Y. 1997/98 in "Principles of Physiopathology and Psychodynamics in Respiratory Rehabilitation" held by the University of Rome "La Sapienza" at the Department of Cardiovascular and Respiratory Sciences directed by Prof. Giovanni Schmid.

In March 1999 in the "Postural Rehabilitation Gymnastics" held by the AIFiMM (Italian Association of Physiotherapists for the study and development of Mézières Methods) for a total of 48 hours at the "Villa Albani" Hospital in Anzio (RM).

In April 2004 in "Rehabilitation in Critical Area" organized by ARIR (Association of Respiratory Insufficiency Rehabilitators) at Velletri (RM) with the achievement of n. 15 (fifteen) E.C.M.

In 2009 (from April to June) I participated in the Refresher Course "Lymphedema: from diagnosis to multidisciplinary rehabilitation module I", organized by the USL Roma H at the "Villa Albani" Hospital in Anzio (RM) with the achievement of n. 32 (thirty-two) E.C.M.

In 2010 (from May to September) I participated in the Refresher Course "Lymphedema: from diagnosis to multidisciplinary rehabilitation intervention II module", organized by the USL Roma H at the "Villa Albani" Hospital in Anzio (RM) with the achievement of n. 43 (forty three) E.C.M.

In 2010 (from October to November) I participated in the Refresher Course "Lymphedema: from diagnosis to multidisciplinary rehabilitation intervention III module", organized by the USL Roma H at the "Villa Albani" Hospital in Anzio (RM) with the achievement of n. 18 (eighteen) E.C.M.

From 2002 to 2022 I participated both as a Professor and as a participant in numerous corporate ECM events organized by A.S.L. RM / 6 with the achievement of the relative E.C.M.

Driver's license B

## FURTHER INFORMATION

- Publications**
- Article entitled "Cerebellar ataxia: therapeutic hypotheses and their verification in the rehabilitation intervention" in the monthly magazine "Archimede" of the A.I.S.A. (Italian Association of Ataxic Syndromes) - January 1994.
- Article entitled "Respiratory functional re-education in adults" published in the Proceedings of the Conference "The group in Rehabilitation" - May 1998.
- Article entitled "Perceptual surfaces in trunk re-education" published in the Proceedings of the XXVI National Congress S.I.M.F.E.R. entitled "Progress in Rehabilitation" - June 1998.
- Article entitled "Perceptive surfaces" published in the Proceedings of the XXIX National Congress S.I.M.F.E.R. entitled "Rehabilitation for disabled people: physiatrists, operators and volunteers for a common project" -

December 2001.

Article entitled "Therapy of chronic constipation: physiotherapy and biofeedback" published in the journal "Neurogastroenterologia" of the ANEMGI Congress entitled "Diagnostic-therapeutic management of the patient with chronic gastrointestinal disorders" - September 2009.

Personal data

I authorize the processing of my personal data pursuant to Legislative Decree 30 June 2003, n. 196 "Code regarding the protection of personal data".

Rome, November 7<sup>th</sup>, 2022

Massimo Mencarini