

INTEGRATED COURSE : PROFESSIONAL ETHICS SSD L/SNT2 4 CFU Professor: Antonio Di Lascio <u>antonio.dilascio@unicamillus.org</u>

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## PREREQUISITES

No preliminary cognitive prerequisites are required at the beginning of the lessons

## LEARNING OBJECTIVES

The course aims to provide students with specific skills on the fundamental issues of ethics, ethics and communication. At the end of the course, the student must be able to understand the psychological implications related to professional practice and emotional involvement with the patient; knowing how to develop the skills necessary to assist the person with health problems by knowing the cognitive, adaptive and emotional processes in patients who face acute, chronic and chronic / degenerative disease processes.

## LEARNING OUTCOMES

## Knowledge and understanding

- know the psychological aspects inherent in the relationship with the patient, the fundamental aspects and principles of a therapeutic relationship

- have a thorough knowledge of the stages of change in patients with disabilities, with chronic and degenerative diseases. Knowing the cognitive processes involved in the phase of change and the obstacles to be faced

- knowing the individual needs, perceptions and expectations of people and acquiring the importance of aligning with the realistic expectations of health professionals in the therapeutic path

- know the obstacles of an individual, environmental and social nature inherent in the processes of adaptation to acute diseases and chronic / chronic degenerative processes.

- know the adaptive and maladaptive behaviors in chronic and chronic / degenerative diseases



- know and identify the role of the patient's emotions and motivation in chronic processes

- know the stress management mechanisms in the workplace (the consequences and cost of work stress, interventions to promote the well-being of employees, etc.)

- know the quality indicators of health care in the complexity of a changing health system

• Know the key contents of ethical and deontological principles;

- Know the correct communication and relational skills that allow a better knowledge of the patient in his diagnosis and treatment path;
- Know the legal principles regarding health responsibility and patient safety

• Know your professional profile, specific responsibilities, professional organization and protection of the profession

• Illustrate the knowledge acquired and know how to apply them from an operational aspect.

## Applying knowledge and understanding

- Knowing how to apply the principles of therapeutic communication in the relationship with the patient

- Knowing how to implement the best relational strategy to establish a collaborative path with the patient

- Facing the individual, environmental and social obstacles in the therapeutic path with the patient manage the psycho-social aspects in the adaptation processes

- Manage the emotions involved in the therapeutic relationship with the patient

- knowing how to apply one's skills to approach the patient in a therapeutically appropriate manner

- be able to recognize work-related stress and know how to manage it At the end of the course, the student must be able to:

- Apply responsible and ethical conduct,
- Comply with applicable regulations;
- Consciously apply the acquired knowledge, in order to provide the services correctly and guarantee the safety of the patient;

• autonomously investigate the aspects relating to the specific field to which the student will devote himself as part of his professional activity;

## Communication skills

At the end of the course, the student must be able to:

• Know, in an adequate way, the terminology and the related scientific aspects

specific to the topics dealt with;



• apply their knowledge and skills to the professional context, in order to communicate effectively with:

a) the user and accompanying persons

b) the team he works with, coordinating and collaborating properly and proposing

a timely, critical, proactive and resolving analysis of inconveniences and problems.

#### Making judgements

- be able to formulate their own assessment of the possible obstacles of an individual, environmental and social nature involved in each therapeutic path

- knowing how to observe and collect additional information to achieve greater knowledge and awareness of the elements to be considered in the relationship with the patient

- recognize symptoms and signs of cognitive obstacles intervening in the therapeutic path

At the end of the course, the student must know:

• carry out general assessments relating to the topics covered

#### **Communication skills**

- knowing how to communicate effectively with the patient. Knowing how to choose the form and means of communication suitable for the patient, in relation to the communication techniques acquired

- knowing how to adequately communicate information to the patient, knowing and recognizing possible obstacles of an individual (e.g. cognitive and emotional), social and environmental nature in the communication process

#### Learning abilities

- develop the learning skills necessary for the purpose of a constant updating of communication techniques with various types of patients

- develop the learning ability of observing the relationship and the obstacles that may intervene

-develop relational and communication skills for the exercise of the profession

- at the end of the course the student must be able to proceed in complete autonomy in the individual study of some specific issues

- have the ability and competence to draw on bibliographic sources relating to evidence based practice, in order to constantly update and acquire new skills.



# **COURSE SYLLABUS**

## PSYCHOLOGY MODULE

- The science of psychology: the nature and definition of psychology, theoretical models, methods of research, the brain and behavior.

- Sensation and perception: Sensory processes, sensory ststems, Illusions, Pattern recognition, the Gestalt proinciples, Face perception.

- Consciousness: Attention, attention as a filter, automatic and controlled attentive processes, i circadian rhythms, sleeping, drug induced states.

- Learning: the role of experience, classical conditioning, operant conditioning.

- Memory: short-term memory, working memory, long-term memory. Encoding, storage and retrieval of information, forgetting.

- Language and thinking: properties and structures of language, understanding and producing language, theories of knowledge, concepts and propositions, reasoning, problem solving, decision-making.

- Motivation and emotions: theories of motivatoin, theories of emotion, emotioncognition interactions, positive emotions.

- Lifespan development: cognitive, social and emotional development, social thinking, social influence and behavior in groups.

- Health psychology: stress, pain, health promotion and illness prevention.

- Psychological disorders and treatment

# ETHICS AND COMMUNICATION MODULE

1. introduction to ethics and deontology, concepts and fundamental values of professional ethics in the modern healthcare context;

2. elements of patient safety, professional responsibility and health law;

3. the communication relationship for health professionals: enhancement of communication and information with the user, with the team, with the outside world.

## **COURSE STRUCTURE**

The method of conducting the lessons is mainly frontal, equal to a total of 40 hours of classroom lessons, in modules of 2-3 hours depending on the academic calendar. The teaching involves the active participation of the student in the critical discussion of the topics covered. The use of case studies, exercises and simulations carried out during the lesson is foreseen. The educational objective will also be achieved through reflective or self-directed learning and / or through the preparation of papers to be carried out at the end of the lesson, based on the teacher's decision, which will then be discussed and analyzed in class. The teaching is entirely in English



## **COURSE GRADE DETERMINATION**

For the purposes of the assessment, the student must have complied with the obligation to attend classes.

The exam is written and includes 30 questions with multiple choice answers; each question is worth 1 point. The evaluation is expressed out of thirty, up to a maximum score of 30 with honors / 30. Wrong answers are not counted for voting purposes. The calculation of the final score is done with the arithmetic mean. At the discretion of the teacher there may be an open question. The following option will be communicated at the end of the lessons. The exam lasts 1 hour.

The exams will take place at the end of the teaching semester and the dates of the sessions will be promptly communicated in the classroom and via the Gomp portal.

To pass the exam, it is necessary not to obtain a grade lower than 18/30. During the examination, learning outcomes must also be assessed according to descriptors 3, 4 and 5, taking into account the autonomy of judgment, communication skills and use of appropriate language, and learning ability.

## OPTIONAL ACTIVITIES

There are no optional activities in the teaching

## READING MATERIALS

## Book: Patient Centered Care in Medical Imaging and Radiotherapy by <u>Aarthi</u> Ramlaul, Vosper

Publisher: Churchill Livingstone; 1st Edition (March 26, 2013)

Amanda Bolderston (2016). Patient Experience in Medical Imaging and Radiation Therapy. Journal of Medical Imaging and Radiation Sciences, 47:356-361

Patrick Davey , Anna Rathmell, Michael Dunn , Charles Foster, Helen Salisbury, Medical Ethics, Law and Communication at a Glance, ed. Wiley Blckwell, USA, 2017

Loewy, Erich E.H., Textbook of Healthcare Ethics, ed. Spinger, Milano 2002

material written by the professor, referring to the lessons

## General psychology

Holt N., Bremner A., Sutherland E., Vliek M., Passer M., Smith R. Psychology: The science of mind and behavior. Mc Graw-Hill Education, 2019.